

## **FOR IMMEDIATE RELEASE**

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### **EmpowerMe Wellness Selected by Centers for Medicare & Medicaid Services to Test Medicare Dementia Care Model**

*Guiding an Improved Dementia Experience (GUIDE) Model Aims to Increase Care  
Coordination, Support for Caregivers*

Today, EmpowerMe Wellness announced they have been selected by the Centers for Medicare & Medicaid Services (CMS) to participate in a new Medicare alternative payment model designed to support people living with dementia and their caregivers. Under CMS' [Guiding an Improved Dementia Experience \(GUIDE\) Model](#), EmpowerMe Wellness will be one of almost 400 participants building Dementia Care Programs (DCPs) across the country, working to increase care coordination and improve access to services and supports, including respite care, for people living with dementia and their caregivers.

“CMS is excited to partner with EmpowerMe Wellness under the GUIDE Model,” said CMS Administrator Chiquita Brooks-LaSure. “GUIDE is a new approach to how Medicare will pay for the care of people living with dementia. The GUIDE participants are envisioning new ways to support not only people living with dementia, but also to reduce strain on the people who care for them, so that more Americans can remain in their homes and communities, rather than in institutions.”

Launched on July 1, 2024, the GUIDE Model will test a new payment approach for key supportive services furnished to people living with dementia, including: comprehensive, person-centered assessments and care plans; care coordination; 24/7 access to an interdisciplinary care team member or help line; and certain respite services to support caregivers. People with dementia and their caregivers will have the assistance and

support of a Care Navigator to help them access clinical and non-clinical services such as meals and transportation through community-based organizations.

"All of us at EmpowerMe Wellness are excited and honored to have been chosen to provide dementia care services for GUIDE as part of our EmpowerMe 360 clinical model," said Josh Stevens, EmpowerMe's Founder and CEO. "With fully integrated care coordination, therapy, pharmacy, and other wellness services, EmpowerMe 360 is purpose-built to drive improved health outcomes for seniors living with chronic health conditions. We believe our holistic, multidisciplinary approach to care will make an excellent match for GUIDE's goals."

EmpowerMe Wellness' participation in the GUIDE Model will help people living with dementia and their caregivers have access to education and support, such as training programs on best practices for caring for a loved one living with dementia. The GUIDE Model also provides respite services for certain people, enabling caregivers to take temporary breaks from their caregiving responsibilities. Respite is being tested under the GUIDE Model to assess its effect on helping caregivers continue to care for their loved ones at home, preventing or delaying the need for facility care.

GUIDE Participants represent a wide range of health care providers, including large academic medical centers, small group practices, community-based organizations, health systems, hospice agencies, and other practices.

This model delivers on a promise in the Biden Administration's Executive Order on Increasing Access to High-Quality Care and Supporting Caregivers and aligns with the National Plan to Address Alzheimer's Disease. For more information on CMS' GUIDE Model, please visit: <https://www.cms.gov/priorities/innovation/innovation-models/guide>.

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### **About EmpowerMe Wellness**

A tech-enabled, multidisciplinary healthcare organization, EmpowerMe Wellness is on a mission to improve the lives of seniors. EmpowerMe enriches senior living communities nationwide through fully integrated healthcare services, including on-site therapy, care coordination, pharmacy services, and medical services. Our focus is on building relationships that drive positive outcomes and build healthier, happier tomorrows for older adults. Headquartered in St. Louis, Missouri, EmpowerMe serves seniors in more than 35 states across the country. To learn more, visit [empowerme.com](https://empowerme.com) today.